

### About Tracy

Tracy graduated from the Centre for Homeopathy Education in 2007 and is a member of the Alliance for Registered Homeopaths. She lives in Bethnal Green with her husband and two children. She has many hobbies and interests, including knitting, quilt-making, gardening on her allotment, pilates, yoga, and swing dancing. She can often be seen out walking with her dog in Victoria Park.

### Areas of Special Interest

- Pregnancy
- Babies and children
- Eczema
- Hay-fever
- Recurring infections
- Low energy and stress-related illness



### About Homeopathy

- Homeopathic remedies are based on natural ingredients.
- Homeopathy is completely safe. Even babies and pregnant women can use homeopathy without the danger of side effects.
- Homeopathy is holistic. It treats all the symptoms as one, which in practical terms means that it addresses the cause, not the symptoms. This often means that symptoms tackled with homeopathy do not recur.
- Homeopathy works in harmony with your immune system, unlike some conventional medicines that suppress the immune system.
- Homeopathy is a complementary therapy, and can be taken alongside other medication without producing unwanted side effects.

## *Qualifications – Professional Registration*

- LCHE (Licenciate of the Centre for Homeopathic Education)
- MARH (Member of the Alliance of Registered Homeopaths)

## *For further information and to book an appointment*

For further information please check Tracy's website at [www.homeopathywithtracy.co.uk](http://www.homeopathywithtracy.co.uk) You can also contact her directly on [tracy@homeopathywithtracy.co.uk](mailto:tracy@homeopathywithtracy.co.uk) or by mobile 07946 545 040.



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