



Room Hire Information

Room Rates for 2018

Ad hoc hourly charge is £21, with a minimum booking of 4 hours of ad hoc required per month.

For block bookings, we use a sliding scale based on the total number of hours block booked across the week. The more hours are block booked, the hourly rate decreases incrementally.

2 hrs £37 / £18.50 per hour

3hrs £52.50 / £17.50 per hour

4 hrs £66 / £16.50 per hour

...and so forth

Location and Accessibility:

The Plane Tree is 3 minutes walk from Bethnal Green underground station (Central line), one stop from Liverpool Street. It is particularly accessible for the City of London, Hackney, and Tower Hamlets. The practice is located within a traditional row of shops at the western end of Roman Road, with the bus stop directly outside: Bus 8, 309, and D6. The entrance is wheelchair accessible with the ground floor treatment room also offering full access.

Entrance and Reception:

The practice has an attractive shop front with an appearance that mixes modern with traditional. The entrance is welcoming, opening up into a discreet reception area seating 4. The reception is staffed at all times. The flooring in the reception and treatment rooms is an attractive and hygienic engineered eco-rubber, while the counselling room is carpeted. All rooms are easily heated and insulated for acoustics (ceiling acoustic panels) and sound-proofing in mind. Lighting in the therapy rooms is all indirect using wall-washers, and there are standing lamps in room 2 and 4. Please see photos of all rooms on website, as well as a 360 video tour.

Rooms:

- **Room 1:** ground floor, wheelchair accessible, manual therapies room. Narrow 3 piece hydraulic couch, ideal for osteopathy and physiotherapy. There is also a memory foam topper for greater treatment versatility. Internal room, sound insulated, and frosted triple-glazed window panels at top letting in natural light. Air-conditioning/heating, a sink and towel dispenser in room.
- **Room 2:** upstairs first floor talking therapies room with two comfortable armchairs, old fireplace feature, standing lamp and window to courtyard. Acoustic absorbing panels on ceiling.
- **Room 3:** manual therapy room with a manual hydraulic highly versatile 3-piece couch with memory foam topper; sink and towel dispenser, wall-mounted fan, small Victorian fireplace, window to courtyard.
- **Room 4:** larger multi-purpose room, with medium width 3-piece electric hydraulic couch with memory topper, 2 comfortable armchairs, large fireplace, window to street; sink and towel dispenser. This room also has air-conditioning.

Services:

- Full reception cover during opening hours: 10 am-9pm on Monday; 9am-9pm Tuesday-Thursday; 9am-8pm Fridays and Saturdays 10am-5pm. Reception service includes diary management.
- Marketing: practitioner information including leaflets and cards displayed in reception, practitioner profile book in reception, profiles uploaded onto practice website, facebook posts managed by reception.
- Couchroll, hand-towels, tissues, couch covers, blankets and basic set of treatment cushions provided for all manual therapies.
- The practice has a large accessible bathroom and small kitchenette with free teas and milk available.

If you are interested in room hire at The Plane Tree:

Please download one of our Inquiry Forms and submit this completed to Martina. Please be sure to include details of what times/days and number of hours you are interested in. This will help us check current room availability. **Please note that we do not do short-term or one-off room hire.** We meet all our practitioners beforehand for an informal interview to ensure fit with the practice. Our contracting process also includes a clinic induction.

Please note that all practitioners must be fully qualified, accredited/registered with a UK professional body, and fully insured.

We look forward to hearing from you.

Martina Leeven (co-director/owner of The Plane Tree)

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